FEBRUARY 2025





∪ 3×	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Jennifer A 2nd Jerry S 5th Marty A 8th Riki J 10th	JARY BIRTHDAYS Eddie W 10th Karen C Ellis O 11th Patrick F Irene P 12th Audrey S GloryAnna H 12th	14th 15th		1 9:30 YouTube Fit 10:15 Yoga with John 11:15 Current Events 1:30 Dr. Joe Book Discussion Group 2:30 Oscar Moninee: Conclave 3:00 Coffee with Friends 6:30 Movie Encore: Conclave
-	2 9:30 YouTube Fit 1:30 Meditation with Monica 2:30 Movie Matinee: The Butler 3:00 Coffee with Friends 6:30 Sing Along with Monica	3 9:30 Stay Fit with Courage 10:30 Mexican Train Dominoes 11:00 Parkinson's Support Group 1:30 Bridge 1:30 Health and Wellness Video Series with Josh 3:00 MacPhait. Andrea Leap: Language of Love Songs	4 9.30 Interval Exercise with Michell 10:15 Yoga with John 11:00 Great Courses: The History and Archaeology of the Bible 2:00 Witch Craze in Salem and Europe with Al S. 3:00 Coffee with Friends 4:00 Tech Help with Graham Sign up	5 9.30 Stay Fit with Courage 10:30 Game: Scrabble 1:15 Oscar Nominee Movie: Wicked 3:00 Coffee with Friends 4:00 Wet Your Whistle Wednesday 6:30 Bingo with Betty	9:30 Ball Exercises with Michelle 10:15 Yoga with John 10:30 Blood Pressure Checks 10:30 Origami Hearts 11:00 Outling: Christos Lunch (Sign up by 2/4) 1:30 Silent Book Club 3:00 Coffee with Friends 3pm Knitting with Coach Mariann	7 9:30 Stay Fit with Courage 10:30 Bingo 1:30 Bridge 1:30 Pick Your Team: Super Bowl Pre-Tail Gate Social 2:30 Coen Brothers Series: Burn After Reading 3:00 Coffee with Friends	8 9:30 YouTube Fit 10:15 Yoga with John 11:15 Current Events 1:30 Dr. Joe Book Discussion Group 2:30 Oscar Moninee: Emilia Perez 3:00 Coffee with Friends 6:30 Movie Encore: Emilia Perez
	9 9:30 YouTube Fit 1:30 Meditation with Monica 2:30 Movie Matinee: Fences 3pm Coffee with Friends 7pm Super Bowl What is your favorite romantic movie? Vote in the Den to watch on Friday night!	1 0 9:30 Stay Fit with Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2pm Kenwood Kollege: Vanan Murugesan, Sahan Journal Executive Director	1 1 9:30 Interval Exercise with Michelle 10:15 Yoga with John 11:00 Great Courses: The History and Archaeology of the Bible 2:00 Arts and Crafts Collective Initial Planning Group	12 9:30 Stay Fit with Courage 10:30 Game: Scrabble 11:00 Outing: Jakeenos Lunch (Sign up by 2710) 2:00 Bible and Spirituality Discussion group with Bill Tipping of Hennepin Avenue Methodist 3:00 Coffee with Friends 4:00 Wet Your Whistle Wednesday 6:30 Bingo with Betty	13 9:30 Ball Exercises with Michelle 10:15 Yoga with John 10:30 Blood Pressure Checks 10:30 Crossword 2:00 Cupid's Arrow: Bow and Arrow 3:00 Knitting with Coach Mariann 5:00 Valentine's Day Dinner	14 9:30 Stay Fit with Courage 10:30 Bingo 1:30 Bridge 2pm Trader Joes: Chocolate and Wine Taste Testing 6:30 Romantic Movie Night: Vote for your Favorite this week!	15 9:30 YouTube Fit 10:15 Yoga with John 11:15 Current Events 1:30 Dr. Joe Book Discussion Group 2:30 Oscar Moninee: Wild Robot 3:00 Coffee with Friends 6:30 Movie Encore: Wild Robot
	16 9:30 YouTube Fit 1:30 Meditation with Monica 2:30 Movie Matinee: Harriet 3pm Coffee with Friends 6:30 Sing Along with Monica	President's Day 9:30 Stay Fit with Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Health and Wellness Video Series with Josh 3:00 Sweets with Michelle and her Girls	18 9.30 YouTube Exercise Yoga with John 11:00 Great Courses: The History and Archaeology of the Bible 2:00 MacPhail Hour: Songs in the Key of Love - LIVE Piano and Voice 3:00 Coffee with Friends 4:00 Tech Help with Graham Sign up	19 9.30 Stay Fit with Courage 10:30 Game: Scrabble 11am Outing: Mall (Sign up by 2/17) 2pm Virtual Symphony 3pm Coffee with Friends 4pm Wet Your Whistle Wednesday 6:30 Bingo with Betty	20 9:30 Ball Exercises with Michelle 10:15 Yoga with John 10:30 Blood Pressure Checks 10:30 Trivia 2pm Happy Hour 3pm Knitting with Coach Mariann	21 9:30 Stay Fit with Courage 10:30 Bingo 1:30 Bridge 2:30 Coen Brothers Series: Raising Arizona 3:00 Coffee with Friends	22 9.30 YouTube Fit 10:15 Yoga with John 11:15 Current Events 11:30-1:30 Girl Scouts Selling Cookies 1:30 Dr. Joe Book Discussion Group 2:30 Oscar Nominee: The Apprentice 3:00 Coffee with Friends 6:30 Movie Encore: The Apprentice
	9.30 YouTube Fit 1.30 Meditation with Monica 2.30 Movie Matinee: The Color Purple 3pm Coffee with Friends 6:30 Sing Along with Monica	24 9.30 Stay Fit with Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Health and Wellness Video Series with Josh 3:00 Coffee with Friends 6:30 Live Music: Planist, Lara Bolton	25 9:30 Interval Exercise with Michelle 10:15 Yoga with John 11:00 Great Courses: The History and Archaeology of the Bible 1:30 Purpose-What's Yours? with Pastor Joel 3:00 Coffee with Friends	26 9:30 Stay Fit with Courage 10:30 Game: Scrabble 1pm Outing: Hazardous Materials Drop Off (sign up by 2724) 3pm Coffee with Friends 4pm Wet Your Whistle Wednesday 6:30 Bingo with Betty	27 9.30 Ball Exercises with Michelle 10:15 Yoga with John 10:30 Blood Pressure Checks 10:30 Crosswords 2:00 Monthly Birthday Party 3:00 Coffee with Friends 3:00 Knitting with Coach Mariann	28 9.30 Stay Fit with Courage 10:30 Bingo 1:30 Bridge 1:30 Nurse Chat with Jill: Heart Health Month 2:30 Coen Brothers Series: 0 Brother Where Art Thou? 3:00 Coffee with Friends	