JULY 2024

calendar of events KENWOOD



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 1:30 PBS Independent Lens: Crisis on Campus 3:00 Coffee w/Friends 3:00 Music Unwrapped with Andrea Leap	2 9.30 Morning Exercise 10:15 Yoga 11:00 Tech Hour w/Brandy 1:30 Turning Points in American History 3:00 Coffee w/Friends	3 9:30 Stay Fit w/Courage hymn Sing & Worship 10:30 Game: Scrabble 1:30 Listening to & Understanding Opera 3:00 Coffee with Friends 4:00 Wet Your Whistle Wed. 6:30 Bingo w/Betty	4 9.3 Morning Exercise Video 10.15 YOGA NOON Holiday BBQ Lunch 1.30 Afternoon Movie: "Independence Day" 3.00 Coffee w/Friends	9:30 Stay Fit w/Courage 10:30 Sarah Hicks Conducts: "The Morricone Due!" 1:15 Bingo! 2:30 Afternoon Movie 3:00 Coffee w/Friends	6 9:30 YouTube Fit 10:15 YOGA 11:15 Current Events 2:30 Movie/Popcorn 3:00 Coffee w/Friends 3:15 Bus to St. Olaf 6:30 Table Topics
7 9:30 Tai Chi 1:30 Meditation w/Monica 2:30 Movie Matinee 3:00 Coffee w/Friends	8 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 1:30 Health & Wellness Video Series w/Josh 3:00 Coffee w/Friends	9 9:30 Morning Exercise 10:15 Yoga 11:00 Tech Hour w/Brandy 2:00 ALL RESIDENT MTE 3:00 Coffee w/Friends	10 9:30 Stay Fit W/Courage Hymn Sing & Worship Game: Scrabble 11:45 Lunch with Jenny Fir 9 Listening to & Understanding Opera 3:00 Coffee w/Friends 4:00 Wet Your Whistle Wed. 6:30 Bingo with Betty	11 9:30 Morning Exercise 10:15 YOGA 11:15 Crossword Puzzle 2-3:30 MELP STUDENTS 3:00 Coffee w/Friends 3:00 Kenwood Knitters	12 9:30 Stay Fit w/Courage 10:30 New Resident Hour 1:15 Bingo! 2:30 Afternoon Movie 3:00 Coffee w/Friends 6:30 Evening Movie	13 9:30 YouTube Fit 10:15 YOGA 11:15 Current Events 2:30 Movie/Popcorn 3:00 Coffee w/Friends 3:15 Bus to St. Olaf 6:30 Table Topics
14 9:30 Tai Chi Meditation w/Monica 2:30 Movie Matinee 3:00 Coffee w/Friends	15 9:30 Stay Fit w/Courage Kenwood Olympics Opening Ceremony 1:30 Bridge 1:30 Health & Wellness Video Series w/Josh 3:00 Coffee w/Friends	16 9.30 Morning Exercise 10:15 Yoga 11:00 Tech Hour w/Brandy 1.30 Kenwood Dlympics 3.00 Coffee w/Friends	17 9.30 Stay Fit W/Courage Hymn Sing & Worship 10:30 Game: Scrabble 1:30 Kenwood Olympics 3:00 Coffee w/Friends 4:00 Wet Your Whistle Wed. 6:30 Bingo w/Betty	18 9:30 Morning Exercise 10:15 YOGA 11:00 Kenwood Olympics 1:30 Kenwood Olympics 3:00 Coffee w/Friends 3:00 Knitting with Mariann	19 9:30 Stay Fit w/Courage 11:00 Kenwood Olympic Closing Ceremony 2:00 House Candidate Forum 3:00 Coffee w/Friends	20 9.30 YouTube Fit 10:15 YOGA 11:15 Current Events 2:30 Movie/Popcorn 3:00 Coffee w/Friends 3:15 Bus to St. Olaf 6:30 Table Topics
21 9:30 Tai Chi 1:30 Meditation w/Monica 2:30 Movie Matinee 3:00 Coffee w/Friends	22 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 1:30 Health & Wellness Video Series w/Josh 3:00 Coffee w/Friends	23 9.30 Morning Exercise Voga 11:00 Tech Hour w/Brandy 1:30 Turning Points in American History 3:00 Coffee w/Friends	24 9.30 Stay Fit W/Courage Hymn Sing & Worship 10:30 Game: Scrabble 11:30 Uuting: MN Twins Game 1:30 Listening to & Understanding Opera 3:00 Coffee w/Friends 4:00 Wet Your Whistle Wed.	25 9:30 Morning Exercise 10:15 YOGA 11:15 Play Black Jack 2:00 Birthday Celebration 3:00 Music with Joey 3:00 Coffee w/Friends 3:00 Knitting with Mariann	26 9:30 Stay Fit w/Courage 10:30 Let's Paint! 1:15 Bingo! 2:30 Afternoon Movie 3:00 Coffee w/Friends	27 9.30 YouTube Fit 10:15 YOGA 11:15 Current Events 2:30 Movie/Popcorn 3:00 Coffee w/Friends 3:15 Bus to St. Olaf 6:30 Table Topics
28 9:30 Tai Chi Meditation w/Monica 2:30 Movie Matinee 3:00 Coffee w/Friends	29 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Kenwood Kollege 3:00 Coffee w/Friends	30 9:30 Morning Exercise 10:15 Yoga 11:00 Tech Hour w/Brandy 1:30 Turning Points in American History 3:00 Coffee w/Friends	31 9.30 Stay Fit W/Courage Hymn Sing & Worship 10:30 Game: Scrabble 1:30 Listening to & Understanding Opera 3:00 Coffee w/Friends 4:00 Wet Your Whistle Wed. 6:30 Bingo w/Betty	Birthday.	7th Rhea B 19th Stepl 8th Elaine M 21st Hele 12th Cherri R 22nd Jim I 17th Morgan J 23rd Shirl	hen D 23rd Mary Balej n W 31st Maureen Beck D